

# Why you're more likely to eat fatty foods if you're at the bottom of the pecking order at work

- Poorer people are known to be more likely to suffer from obesity and diabetes
- But new research suggests this is because of their status in the pecking order
- Feeling below someone makes people peckish - tucking into high calorie foods
- Experts say that social status 'act as buffers or insurance' against pressures

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Feeling low in the pecking order makes you feel peckish, a study has found.

Whether you feel less educated, poorer, or have a less exalted job than colleagues, the results are clear: you are more likely to tuck into high calorie foods, a study found.

People from poorer backgrounds have long been known to suffer more from obesity and diabetes.

But whether simply feeling lower down in a social hierarchy causes greater feelings of hunger has been unclear.



**Research from a university in Singapore has found people are more likely to eat fatty foods if they feel poorer than their colleagues**

Researchers from the Nanyang Technological University in Singapore and others devised an experiment which created a subjective feeling of 'low socioeconomic status'.

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Mystery man



In a variety of tests – which included allowing the participants to eat at a buffet – the people made to feel lowly ate food with a higher number of calories than those who felt more important.

The authors, writing in the Proceedings of the National Academy of Sciences, said: 'Across four studies we found that participants who were experimentally induced to feel low socioeconomic status subsequently exhibited greater automatic preferences for high-calorie foods.'

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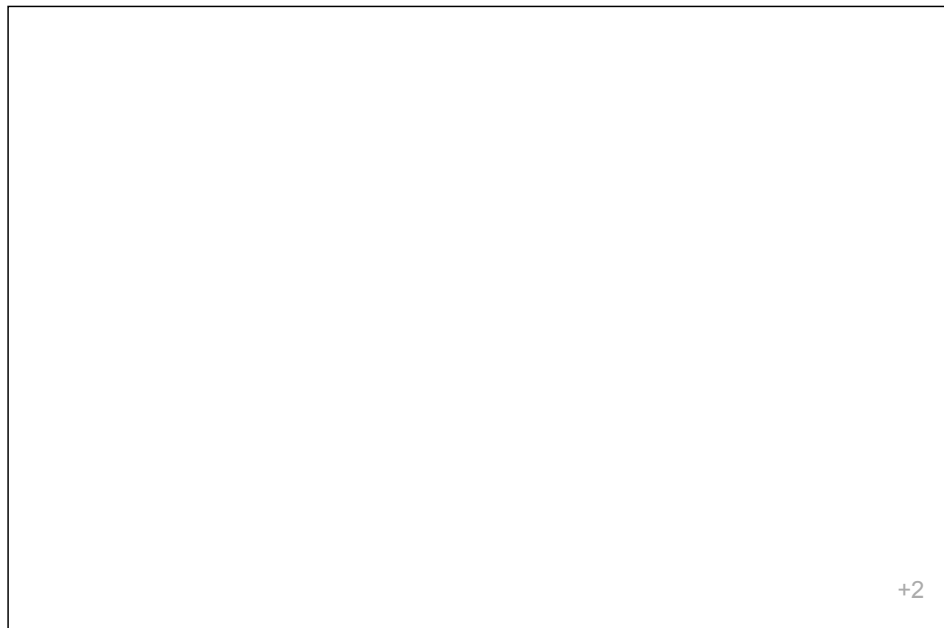
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They also took in more calories during snacks and meals.

Explaining the results, they said that wealth and social status 'act as buffers or insurance' against pressures.

Without the protection afforded by higher social status, the authors suggest 'an adaptive response may be to seize other key resources for survival that may be available, such as food'.

In times gone by, taking in more nutrients by eating more, and storing more energy as fat may have been a useful survival strategy, this is causing health problems.



**People who feel poorer than their work colleagues are more likely to tuck into high calorie foods, a new study has found**

The authors say that among diverse species including great tits, rats, hamsters and monkeys, subordinate social status predicts overeating, greater fat retention, and a higher calorie intake.

In the tests, participants were asked to place themselves on an imaginary ladder representing social status.

They were then asked to describe the differences between themselves and those either at the very top – to make themselves feel of lower status - or the very bottom – to induce feelings of superiority.

When asked what they would eat at an imaginary buffet, the trend was for those induced to feel inferior wanted to eat more, while those induced to feel superior ate

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fewer calories.

When other participants were given the same test, but with an opportunity to eat at a buffet, they also ate more.

The authors state that because the scenario was relatively stress free, the greater calorie consumption was not a response to stress as has sometimes been suggested.

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Couple posed for romantic selfie

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At Wimbledon Magistrates' Court in south west London

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► **Kylie Jenner flaunts her incredible post-baby figure in a busty crop top and displays her new blue hair 'do at Coachella**  
New mother

► **Liam Gallagher plane romp with Lily Allen: Nicole Appleton 'says singer DENIED tryst with her then-husband'... as she warns 'paths will cross'**

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Chris Zylka appears to inspire her Coachella festival style

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May soon have his own line of merchandise

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Ended their year-long engagement

► [Love Island's Cara De La Hoyde and Nathan Massey say marriage is on the cards and they are 'stronger than ever' after split](#)  
Back together

► [Rihanna goes braless in bizarre knotted sheer outfit and thigh-high boots as she prepares for last day at Coachella](#)  
Known for taking fashion risks

► [Selma Blair goes for spring chic as she shows off her legs in floral pink dress while grabbing coffee in Studio City](#)  
Flirty frock

► [Annabelle Wallis and Chris Pine step out amid romance rumours after being pictured together at Malibu dinner](#)  
Date night?

► [Rita Ora shows off her perky derrière and ample bust as she sizzles in sexy cherry print swimsuit at Coachella](#)  
Red hot

► [Beckhams visit Disneyland PIC](#)  
**EXCLUSIVE:** Harper, six, shrieks with delight with dad David at theme park... while Brooklyn, 19, parties at Coachella

► [Liv Tyler cuts a casual figure as she jets out of LAX with Dave Gardner after pal Gwyneth Paltrow's 'wedding party'](#)  
Low-key couple

► **Britain's Got Talent:**  
Daredevil escapologist  
Matt Johnson reveals  
he was inspired by  
brother's battle with  
rare brain disease  
Emotional chat

► **Chloe Ferry and Sam**  
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rumours: Geordie Shore  
star denies claims  
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baby and jokes she's  
'just fat'

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drag queen Conchita  
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positive after ex-  
boyfriend attempted to  
blackmail the singer  
over her condition

► **Kris Jenner keeping**  
new mother Khloe  
Kardashian's 'spirits  
high' after Tristan  
Thompson's cheating is  
exposed  
Focusing on family

► **Patrick**  
Schwarzenegger wears  
shiny Gucci blue sporty  
co-ord as he joins  
girlfriend Abby  
Champion at Coachella  
Cool couple

► **Paul O'Grady reveals**  
his kidneys started to  
fail after contracting a  
near-fatal virus while  
playing with injured  
street dogs in Delhi for  
new TV show

► **Sir Ian McKellen, 78,**  
admits he thinks about  
death 'every day' and  
has planned his own  
funeral  
Planning a celebratory  
theatrical event

► **Kylie Minogue, 49,**  
jibes toyboy ex Joshua  
Sasse, 30, as she  
reveals she's VERY  
happily single following  
the split and says 'the  
grass is always greener'

► **Katie Price, 39, shares**  
sweet moment with son  
Harvey, 15, at football  
match... after posting  
multiple cryptic  
messages about  
heartbreak

► **'It's only a lesson if**  
you learn from it': Conor  
McGregor makes a  
contrite Instagram post  
as he faces up to seven  
years in prison after  
attacking rivals' bus

► **'I can't bear to watch**  
old TOWIE episodes':  
Lucy Mecklenburgh  
reveals she cringes  
over the fake tan, caked  
on make-up and 'awful'  
hair

**Matt Damon enjoys a**  
beer with a local surfer  
in Queensland amid  
rumours he is  
considering a



► [permanent move to Australia](#)

► ['It's beyond arrogant to think you can do better than Agatha Christie!' Ordeal By Innocence viewers slam ending of BBC drama as the killer is unmasked](#)

► [Bella Hadid spotted 'KISSING ex-boyfriend The Weeknd' as the pair reignite reunion rumors at Coachella... after 'he wrote song about missing her'](#)

► [Destiny's Child reunion at Coachella: Former member LaTavia sends 'love and support' to Beyonce and ex-bandmates... 18 years after axe](#)

► [Kylie Jenner is feeling blue in 'denim' wig while Bella Thorne and Iggy Azalea dare to bare as the stars party hard on Coachella's final day](#)  
Star-studded

► [EastEnders SPOILER: Michelle Fowler accused of sex with an underage student in new scandal](#)  
Hunter accuses his tutor of sleeping with him

► [Feeling grey? Queen Letizia of Spain looks chic in an embroidered suit skirt as she joins husband King Felipe to welcome Portuguese president in Madrid](#)

► ['Even Harry doesn't know': Prince has NO IDEA who is designing Meghan's dress because he wants a 'complete surprise' on the big day](#)

► [Jack Whitehall, 29, 'romped' with close friend Kirsty Gallacher, 42, at house party after night out in London](#)  
Chemistry between them 'reached boiling point'

► [Megan McKenna on beau 'Muggy' Mike Thalassitis: TOWIE star gushes about Love Islander and says she 'couldn't ask for anything more'](#)

► [Kim Kardashian shares yet ANOTHER sexy social media snap... as she relaxes on a pool float in a tiny pink bikini](#)  
Strike a pose

[Vicky Pattison displays her ample cleavage in an array of saucy swimwear as she enjoys](#)

► [idyllic Dubai getaway](#)  
Buxom

► [Georgia Kousoulou nose job: TOWIE star reveals she 'didn't recognise herself' after cosmetic surgery... but admits op restored her confidence](#)

► [Kanye reveals Saint West his neck tattoo plans as he shows off his new designs and talks about Lamar Odom upon his return to Twitter](#)

► [Margot Robbie showcases her off-duty style in baker boy cap and jeans as she supports the Los Angeles Kings with her brother Lachlan](#)

► [The Walking Dead: Rick Grimes takes down Negan in all-out survivors war during explosive season eight finale](#)  
Action-packed episode

► [Mel B suffers awkward wardrobe malfunction as she spills out of her plunging purple bikini during Desert Hot Springs retreat with Gary Madatyan](#)

► [Amy Childs admits her unplanned second pregnancy was a 'lovely surprise' as she displays her growing baby bump with daughter Polly](#)

► [TOWIE: Dan Edgar slammed as a 'terrible liar' by fans as he denies sleeping with Amber Turner when confronted by Dean Ralph](#)

► [Beyonce sends fans wild after finding time to change her NAIL POLISH during epic Coachella performance](#)  
Took to the stage in a whopping five outfits

► [ACM Awards 2018: Carrie Underwood looks flawless as she gives emotional first live performance since suffering devastating facial injury](#)

► [Fuller House star John Stamos, 54, and wife Caitlin McHugh welcome baby boy... naming their first child after actor's late father](#)  
Baby joy

[Chrissy Teigen's two-year-old daughter Luna looks pretty in pink as](#)



► she says 'cheese' for the camera during the toddler's fun-filled birthday party

► Olivia Attwood  
PICTURE EXCLUSIVE:  
Love Island star gets  
VERY close to Bradley  
Dack's friend Ronnie on  
night out... days after  
confirming it's back on

► Rose McGowan blasts  
Lagerfeld as a 'dinosaur  
misogynist' and poses  
with a nun after he said  
models who don't want  
pants pulled down  
should 'join a nunnery'

► Holly Willoughby slips  
into bright pink  
swimsuit for sizzling  
holiday snap after  
announcing her new  
lifestyle brand  
Soaking up the sunshine

► Catherine Zeta-Jones  
looks ultra chic in  
stylish khaki co-ords  
and a plunging black  
blouse as she jets out of  
LAX  
Low-key

► Jasmine Tookes  
couldn't be happier as  
she rubs shoulders with  
her fellow models  
Kendall Jenner and  
Sara Sampaio at  
Coachella

► Kim Kardashian  
shares another sexy  
selfie as she flaunts  
curvaceous figure in  
tiny pink bikini  
Posed for her followers in  
Turks And Caicos

► Rochelle Humes  
reveals she's had to 'cut  
off a LOT of dead hair'  
since embracing her  
natural curls after  
YEARS of straightening  
her locks

► 'Here we go again':  
Ruby Rose forced to  
wear the same quirky  
tracksuit for THREE  
days in a row as her  
luggage goes missing in  
China

► Amber Rose dons  
edgy leather bustier and  
parachute pants as she  
parties hard at  
ShoeDazzle Coachella  
bash  
Bold look

► Vogue Williams shows  
off her tiny baby bump  
in multi-print bikini as  
she enjoys a sunshine  
break with fiancé  
Spencer Matthews  
Expecting her first child

► **Gwen Stefani gets hearts racing in little red dress with a plunging neckline while supporting beau Blake Shelton at ACMS Smitten**

► **Sharon Stone, 60, Kyra Sedgwick, 52 and Catherine Zeta-Jones, 48, prove that age is just a number as they wow at Contenders Emmys event**

► **Supermodels Alessandra Ambrosio, Winnie Harlow, and Joan Smalls have model reunion at Revolve's Coachella bash Striking**

► **TOWIE: Liam 'Gatsby' whacks Pete Wicks' pizza out of his hands...shortly before he RUNS OFF with his rival's dish during another heated row**

► **Elsa Hosk rocks figure-hugging white bathing suit after sporting sheer dress and underwear during Coachella weekend Making a statement**

► **Lady Antebellum's Hillary Scott stuns in floral print dress as she performs at ACM Awards... 10 weeks after welcoming twins Back onstage**

► **Katie Price bravely makes first public outing since robbery and police probe as she poses with son Harvey, 15, and ex-rival Kerry Katona at charity match**

► **Charlotte Crosby displays major underboob in an animal print bikini as she sizzles in sexy holiday snap with beau Joshua Ritchie**

► **Shayne Ward blames Coronation Street for his weight gain: Actor admits 'naughty' canteen food on set contributed to his 'dad bod'**

► **Cardi B gyrates and twerks her way through raunchy Coachella show... as pregnant rapper tells fans 'I'm running outta breath!' Putting on a show**

► **Jenna Elfman and Maggie Grace attend Fear Of The Walking Dead fan event in Los Angeles ahead of the show's season four premiere**

**Nicole Appleton warns Lily Allen 'their paths will cross' as singer prepares to detail mid-air romp with Liam**

► [Gallagher in warts-and-all memoir](#)

► [Uma Thurman and Ethan Hawke's actress daughter Maya, 19, opens up about her latest role at Emmy contenders event](#)  
Little Women star

► [Miranda Lambert and Kelsea Ballerini look leggy while Nicole Kidman glitters in gold... but Gwen Stefani's rock chic steals the show at ACM Awards 2018](#)

► ['So proud of her': Ruby Rose congratulates Veronicas star ex Jessica Origliasso for 'killing' her Commonwealth Games performance](#)

► [Cara Delevingne defends her love of Beyonce after protesting Coachella on social media](#)  
Refused to attend the famous music festival

► [Rebecca Romijn puts on a sultry display in beaded dress with sexy sheer panels as she attends the ACMs in style](#)  
Striking

► [Ashton Kutcher looks dapper as he appears as presenter at the ACM Awards alongside The Ranch co-star Sam Elliott](#)  
Joining forces

► [Reba McEntire hits ACMs in same red dress she wore 25 years ago as she calls out lack of female noms](#)  
First performed in the sheer red dress in 1993

► [Leonardo Dicaprio, 43, gets handsy with rumored love Camila Morrone, 20, at Coachella Neon Carnival](#)

► [Kendall Jenner and Blake Griffin 'avoided each other as they attended same Coachella party'](#)  
Insiders claim Blake 'walked straight past her table'

► [Olivia Culpo shows off her long legs as she sports a cropped band tee and tiny denim shorts as she dances around at Coachella](#)  
Having a blast

[Tamzin Outhwaite, 47, 'is dating toyboy Tom Childs, 26', after](#)

► **introducing 'actor and personal trainer' as her boyfriend at club launch**

► **Baby's got back!**  
Nicole Kidman shows off her **VERY** toned back in metallic cut-out frock at the 2018 Country Music Awards  
Going for gold

► **Britain's Got Talent: Magician Marc Spelmann** reflects on wife Tessa's breast cancer battle while she was pregnant... after years of failed IVF

► **Sheer delight!** Iggy Azalea barely covers her chest in a **VERY** raunchy outfit... as rumours intensify she is dating Kylie Jenner's rapper ex Tyga

► **Eve puts on VERY leggy display at 2018 ACM Awards** in pretty pink gown with thigh-high slit  
The star, 39, took the red carpet by storm

► **Catherine Zeta-Jones** accentuates her svelte figure in a plunging navy dress at The Contenders Emmys in LA  
All eyes were on her

► **Gwyneth Paltrow and Brad Falchuk** 'secretly wed'? Jennifer Aniston and Julia Roberts join 400 guests at huge Hollywood bash... but Chris Martin is absent

► **Cameron Diaz and Benji Madden** take flowers to her widowed mom after Gwyneth Paltrow engagement bash

► **Beyonce suffers** awkward wardrobe malfunction as she nearly dances 'ENTIRE costume off' during high-octane Coachella performance

► **Beyonce's comeback at Coachella:** Singer turns up the heat with rapper husband Jay-Z during sizzling duet  
Performed their 2006 hit single Deja Vu

► **Brooklyn Beckham** gets flirty with a mystery girl at Coachella... weeks after split from Chloe Moretz  
Spotted kissing model Lexi Wood last week

► **Bella Thorne, 20, sizzles in scarlet as she attends Coachella with beau Mod Sun, 31**  
 Provided glitz and glamour in a diamante leotard and headband

► **Ariel Winter, 20, dons bralette and tiny shorts as she kisses beau Levi Meaden, 30, at Coachella**  
 Loved-up since November 2016

► **Cardi B can't hide her delight as pregnant rapper shakes her hips while celebrating Billboard topping album**  
 Ahead of her headline set at Coachella

► **Lottie Moss turns heads in thigh-skimming yellow dress as she parties with pals at Coachella**  
 Commanded attention with her leggy frame

► **Singer Maren Morris dazzles in plunging gown for performance at ACM Awards after arriving with new husband**  
 Glamorous

► **Alison Brie rocks a stylish and sophisticated little black dress at Contenders Emmys event for her Netflix series GLOW**  
 Glamorous

► **Chris Stapleton and wife Morgane welcome twin boys as star wins Album Of The Year at ACM Awards**  
 Also celebrating his 40th birthday

► **Pretty Little Liars star Shay Mitchell rocks a vintage band T-shirt and Doc Martens to the Movie Pass Coachella party**  
 Edgy

► **Lindsey Vonn indulges her princess fantasies in voluminous yellow Beauty And The Beast inspired ball gown for the ACMs**  
 Turning heads

► **Tamara Ecclestone enjoys a rare night away from daughter Sophia as she steps out with newly divorced sister Petra in Los Angeles**

► **Reese Witherspoon shows off her athletic figure as she goes for a Sunday jog with her Labrador Hank**  
 The actress, 42, looked upbeat as she ran

**Country music star Kelsea Ballerini stuns in sexy white dress as she and Morgan Evans kiss on ACM Awards red**

▶ [carpet](#)  
Loved-up

▶ [Britain's Got Talent comedian Robert White was sentenced to three months in Wandsworth PRISON after prank on ex went horribly wrong](#)

▶ [Dane Bowers' ex-girlfriend Gemma Warboys claims former pop star 'CHEATED' on her after discovering messages from another woman](#)

▶ [Nadiya Hussain is ruthlessly mocked for X-rated gaffe after innocently asking fans for advice on how to organise a spit roast](#)  
Bake Off winner

▶ [Prince Harry handed Commonwealth youth ambassador role by the Queen which will see him support the work and aspirations of young people](#)

▶ [Thomas Rhett and Lauren Akins are proud new parents at ACM Awards... after welcoming two daughters](#)  
Had twins

▶ [Eva Longoria flaunts baby bump in clinging sexy black dress during hubby Jose Baston's birthday bash](#)  
Expecting their first child in June

▶ [Khloe Kardashian kits out baby girl with necessities for jetset lifestyle including \\$4,000 stroller](#)  
Gave birth to her first child on Thursday

▶ [Poppy Delevingne turns heads in bold colour block jumper and wide-leg trousers at The Contenders Emmys in LA](#)  
Fashion-forward appearance

▶ [Hilary Duff is blooming lovely in floral top with striped pants at The Contenders Emmys gala](#)  
Perfectly summer-chic

▶ [Viola Davis' husband Julius Tennon says failed burglars won't be coming back... after he scared them off with his 'Lion King roar'](#)  
Recent incident

[Dakota Fanning shows off taut tummy in cropped top and trousers combo at The](#)

► [Contenders Emmys gala](#)

► [Sharon Stone makes her getaway as she jets out of Los Angeles after a day spent at star-studded industry event touting Emmy contenders](#)

► [Mila Kunis goes make-up free as she joins Ashton Kutcher to treat their two kids to frozen yogurt](#)  
Follows family trip to the Dodgers game

► [Jenna Dewan shares first message with fans since shock split with Channing Tatum](#)  
Shared stunning beach-side snap with fans on Instagram

► [Brandi Glanville EMBRACES longtime rival LeAnn Rimes during son Jake's 11th birthday party](#)  
Been on frosty terms for years

► [Dwayne Johnson's big ape movie Rampage grabs \\$34.5m to top weekend box office ahead of Quiet Place](#)  
Film has recouped its \$120 million budget

► [Chris Martin made her marry in secret with no friends or family present. No wonder second time round it's...Gwynnie's ME, ME, ME wedding](#)

► [Miranda Lambert confirms she is solo as she thanks fans 'for sharing my broken heart with me' at ACM Awards](#)  
Moving on

► [Troubled rapper Azealia Banks claims she was 'roofied and raped' in series of disturbing Instagram posts](#)  
'I feel like dirt'

► [Kate Hudson conceals baby bump in cascading mustard gown as she joins boyfriend Danny Fujikawa at pal Gwyneth Paltrow's 'wedding party' in LA](#)

► [Real Housewives Of Atlanta: NeNe Leakes labels Kim 'trash'... before Zolciak attacks her nemesis in angry 'apology'](#)  
Clash

[Jennifer Aniston sports a large wrist brace on her left hand as she](#)



► [supports pal Gwyneth Paltrow at 'wedding party'... amid marital heartache](#)  
Newly-single star

► [Jason Aldean dedicates ACMs to the victims of Las Vegas shooting massacre as he and wife Brittany Kerr return to the city six months on](#)

► [Is this Gwyneth Paltrow's wedding dress? Actress' mother Blythe Danner leaves 'engagement party' with gown by bridal designer Monique Lhuillier](#)

► [James Corden dresses as Maria Von Trapp for hilarious Sound Of Music sketch with Anna Faris and Allison Janney on The Late Late Show](#)

► [Ben Affleck gives rare glimpse of back tattoo as he and Jennifer Garner take kids to church](#)  
On amicable terms following their split

► [Chloe Moretz stuns in sheer low-cut number on red carpet in Beijing.. after Brooklyn Beckham split](#)  
Hit the International Film Festival red carpet

► [Coronation Street actress Jennie McAlpine is expecting her second child with husband Chris Farr](#)  
Already parents to three-year-old son Albert

► [American Idol: Caleb Lee Hutchinson, 19, reveals his incredible 70lbs weight loss since auditioning in late October](#)  
New look

► [Beyonce reunites with Destiny's Child at Coachella: Singer brings Kelly Rowland and Michelle Williams on stage during long-awaited performance](#)

► [Justin Bieber 'punched man in the face who grabbed woman by the throat at Coachella party'](#)  
Sprung into action as the unidentified male would 'not release his grip'

► [Kourtney Kardashian gives a glimpse of her rippling abs in a sporty grey crop top as she joins boyfriend Younes Bendjima at Coachella's Neon Carnival](#)

► **Scott Disick, 34, is on daddy duty as he and girlfriend Sofia Richie, 19, babysit his three children while ex Kourtney Kardashian parties at Coachella**

► **Taylor Hill looks worse for wear as she is supported by beau Michael Stephen Shank and pal after partying at Coachella's Neon Carnival**

► **Pregnant Cardi B parades her bump in a bold jumpsuit at Moschino bash... as she requests 'fried chicken' ahead of performance**

► **Nicole Scherzinger snubs the bright dress code for nude shorts and boho crochet waistcoat at Coachella's Neon Carnival**

► **Sharon Stone, 60, shows off age-defying figure in black and white jumpsuit at Contenders Emmys event**  
Looked younger than her years

► **Britain's Got Talent comeback sees a DROP in viewing figures... but is still ITV's most-watched entertainment show of the year so far**  
8.3 million tuned in

► **Alicia Douvall is rushed to hospital after tripping over a toy and falling down the stairs at home**  
Found by her 23-year-old daughter

► **The one lesson I've learned from life: Sheridan Smith says grief can make you stronger**  
Believes the process can help you face the future

► **Winnie Harlow leaves little to the imagination in a lace bra and skimpy black thong as she twerks in racy Instagram clip**

► **Katharine McPhee rocks studded jacket as she reunites with Smash co-star Megan Hilty on Broadway**  
Visited her pal at the Brooks Atkinson Theatre

► **Lily Allen 'will reveal dynamite details of boozy flight sex with Liam Gallagher in 2009 in tell-all book'**  
intimate details of their alleged sex session

**Paris Hilton stuns in a plunging galaxy print dress as she joins fiancé Chris Zylka at**

▶ **Coachella's Neon Carnival**  
Star of the show

▶ **The Weeknd packs on the PDA with ANOTHER one of Justin Bieber exes Chantel Jeffries at Coachella**  
Spotted cosying up together in the VIP area










▶ **Justin Bieber's rumored new squeeze Baskin Champion dons mini dress and licks lollipop at Coachella**  
The 22-year-old put on a leggy display

▶ **Kristen Stewart shares sweet kiss with Victoria's Secret Angel Stella Maxwell at Coachella**  
Pucker up

▶ **Meghan Markle's family claim her father still has no idea if he will walk her down the aisle and they have been 'left in the dark' over invites**

▶ **Vicky Pattison flaunts her ample assets in sultry swimsuit selfie after posing in a racy high-waisted bikini on romantic Dubai beach break**

▶ **Steph & Dom solve your sex, love & life troubles: I'm 60 and dating. How do I ward off the pipe and slippers brigade?**

Today's headlines	Most Read
	<b>New mother, 34, who found a pea-sized lump on her face two days before giving birth has just months to live...</b>
	<b>MP's assistant, 69, claims she has destroyed a 33mm cancerous tumour in her breast using cannabis oil</b>
	<b>Intelligence can protect against depression: Having a high IQ reduces inflammation associated with the...</b>
	<b>A Mediterranean diet is not just good for the heart, it protects the liver too!</b>
	<b>'The idea of a 12-year-old having sex is shocking': This Morning viewers slam young girls being given...</b>
	<b>Air pollution increases people's risk of Alzheimer's and suicide by nearly FIVE TIMES, study finds</b>
	<b>Revealed: The 6 reasons why social media is making you UNHAPPY (and here's what you can do instead)</b>
	<b>Stunning photos reveal the 'amazing, beautiful' moment mother sees her baby delivered by c-section</b>
	<b>Illegal party drug ketamine eases severe depression and halts suicidal thoughts just four hours after it is...</b>



Order curry on a first date: Women fancy men MORE after eating spicy food, finds study



'Laughing in the face of our cancer': Three irrepressible women take on the 'big C'... through a podcast



Pregnant women who take painkillers could be harming fertility of their unborn sons



Controversial technique of genetic modification will be tested for the first time in Europe to cure a...



Lifesaving jab denied to millions of boys in Britain could slash the risk of prostate cancer



Nightmares, night shifts... and those calls of nature: Dr Michael Mosley answers your burning sleep...

► **MORE HEADLINES**

## MORE DON'T MISS

► **Geri Horner gives it her best 'Sporty Spice' as she plays football in Italy... one day after challenging Novak Djokovic at charity tennis match**

► **Lisa Rinna, 54, and Kyle Richards, 49, are youthful as they ditch Beverly Hills for Coachella jaunt**

► **Gigi Hadid flaunts her model figure in a crochet bikini top and shorts as she soaks up the sun at Coachella festival**

► **Halsey flaunts her curves in a pastel pink bikini as she cosies up to beau G-Eazy at Coachella's Playboy party**

► **Kylie Jenner and Travis Scott attend same party as her ex Tyga and Iggy Azalea at Coachella**  
Awkward

► **Ola Jordan sets pulses racing as she flashes her peachy derriere and plenty of cleavage in sultry nude photoshoot**

► **Charlotte McKinney and Romee Strijd parade their model physiques in eye-catching ensembles as they lead the stars at Coachella's Neon Carnival**

► **Amber Rose turns heads in bizarre rainbow-coloured skeleton suit at Neon Carnival event during Coachella**

**Frank and Christine Lampard are left**

► **'shaken and terrified' after thieves target their £10million London home only to be chased off by their nanny**

► **Kristen Stewart and girlfriend Stella Maxwell blend in with revellers as they hold hands at Coachella Music Festival**

► **Adele dances to Beyonce's Coachella performance: Singer twerks and whips her hair around as she celebrates long-awaited 'Beychella'**

► **'I exercise, I eat well, I just don't starve myself': Amy Schumer gets candid about body image and unrealistic beauty standards in Hollywood**

► **Gigi Hadid poses in a bikini with her dad Mohamed... before sister Bella films her devouring two burgers in just three minutes**

► **Kendall Jenner wows in ab-baring top as she attends Revolve's Coachella party with Emily Ratajowski**

► **Millie Mackintosh and boyfriend Hugo Taylor ooze Coachella vibes in Chelsea as they enjoy a sunny day date**

► **Danielle Lloyd flaunts her toned midriff and peachy posterior in tiny green string bikini as she hits the beach in Spain**

► **Kim Kardashian posts heart-melting video of her three-month-old 'cutie' Chicago West**  
The tot was laying on a white blanket

► **TOWIE star Pete Wicks' girlfriend Shelby Tribble looks bleary-eyed after partying up a storm at trendy London nightclub**

► **Rihanna's racy Fenty Beauty advert is mocked by bodybuilders in a series of hilarious parody videos (and one man even uses his DOG as a blender)**

► **Alton Towers amputee Leah Washington and her boyfriend Joe Pugh are spotted walking hand in hand as they enjoy a night out**

► **Iggy Azalea displays her washboard stomach as she gets cosy with Kylie Jenner's ex-beau Tyga at Fenty x Puma party at Coachella**

► **Strictly Come Dancing: AJ Pritchard's hunky younger brother Curtis 'to replace sacked pro Brendan Cole' On the dancefloor**

► **David Beckham gets an adrenaline rush as he enjoys a magical day at Disneyland with the family... while his son Brooklyn parties at Coachella**

► **Rita Ora flaunts her enviable figure in a denim crop top as she enjoys intimate moment with beau Andrew Watt at Coachella**

► **Ed Sheeran denies he is building a five foot barrier around his £8m London home to stop homeless people sleeping on his doorstep**

► **Cameron Diaz dazzles in a low-cut crimson gown as she joins husband Benji Madden at Gwyneth Paltrow bash... after confirming her retirement**

► **Little Mix's Leigh-Anne Pinnock looks busty in a halterneck top as she joins leggy Jade Thirlwall at high-fashion Moschino party during Coachella**

► **Kerry Katona poses with lookalike daughter Lilly-Sue, 15, as fans claim they could be SISTERS Fans took a double take**

► **Good hair day! Princess Charlene swaps her signature swept back style for a chic centre parting as she joins her brother for a charity dinner in Monaco**

► **Rihanna teases her cleavage in a zipped down swimsuit and baggy pants as she hosts star-studded Fenty x Puma party at Coachella**

► **Kylie Jenner rocks playful blue wig as cheeky Demi Lovato flashes pert derriere at Coachella**  
Host of stars are gathering at the US festival

► **Mick Jagger's former flame Luciana Gimenez and rocker's lookalike son Lucas, 17, sport matching denim jackets at Sao Paulo bash**

► **Alessandra Ambrosio strips down to her bikini as she hits the pool at Coachella**  
It might be a music festival, but Coachella is really all about the parties

► **One Direction's Niall Horan FINALLY confirms he is dating Pitch Perfect's Hailee Steinfeld by dragging her to the US Masters**

► **'We're going to catch all of you little Fockers': Robert De Niro and Ben Stiller spoof Trump investigation as they recreate polygraph scene from Meet the Parents on SNL**

► **Ferne McCann felt 'upset' as her daughter Sunday's image was used for cot death story during ITV news segment**  
Contacted the channel to remove the snap

► **Jessica Alba and Kim Kardashian bring the kids to Chrissy Teigen's birthday party for daughter Luna**

► **Kendall Jenner flaunts her abs in a crop top while Kourtney Kardashian cosies up to Younes Bendjima as the KUWTK stars take on Coachella**

► **Amber Heard sips wine as she enjoys a sunny outdoor lunch with pal... after making donation to children's hospital**

► **Chanel Iman suffers an unfortunate nip-slip in plunging dress as she joins an ab-flashing Romee Strijd at Revolve's Coachella party**

► **Salma Hayek looks beautiful in purple as she and Alyssa Milano lead the stars at UNICEF gala**

Nicole Kidman, Laura Dern and Allison



► [Janney unite for Badass Women dinner in West Hollywood](#)

► [Hope those are your mum's betting slips! Coleen Rooney's son Kai, 8, steals the spotlight with a VERY animated display at the Grand National](#)

► [Richard Gere, 68, 'will marry Spanish girlfriend Alejandra Silva, 35, next month'](#)  
Dating for three years

► [Patrick Schwarzenegger and Abby Champion rub shoulders with controversial Youtuber Logan Paul at Coachella party](#)

► [Love Island's Montana Brown REGRETS having sex on TV with ex Alex Beattie and warns others 'not to do it'](#)

► [Darling in denim! Model Shanina Shaik nails the perfect festival style at Coachella](#)

► [Britain's Got Talent: Ant McPartlin leaves emotional fans 'in tears' with first pre-recorded audition episode alongside Declan Donnelly](#)

► [Elizabeth Hurley, 52, sizzles in skimpy cut-out swimsuit before posing as a VERY sexy French maid with son Damian, 16](#)

► [Cindy Crawford and Kaia turn 'desert girls' as they live it up at Coachella](#)

When it comes to living it up at Coachella, Kaia Gerber has the perfect party partner - her mom.

► [Bella Hadid and Hailey Baldwin show off fit figures in white crop tops for Levis Coachella brunch](#)  
Supermodels

► [Britain's Got Talent: Amanda Holden left in tears over NHS blood donation choir as she reveals donors 'saved her life'](#)

► **The billion-dollar baby club: The celebrity children living it (extra) large**

► **Groovy gal! Georgia Love departs with her clean-cut image as she sports a VERY psychedelic ensemble on Day Two of Coachella**

► **Britain's Got Talent: Forget Las Vegas-style escapologists, circus acrobats, and mind-readers. Robert White is type of act who should win, by Jim Shelley**

► **Breaking Bad star Bryan Cranston swaps 'crystal meth for cod and chips' as he enjoys low-profile in London**  
Following performance in Breaking Bad

► **The E-list celebrities who opt for economy travel proving they really DO slum it like their fans**  
That's E for economy

► **Rihanna sends temperatures soaring at Coachella in 60's inspired crop top and matching trousers**  
Hair playfully teased

► **Charlotte Crosby suffers unfortunate fashion mishap as she poses with nude beau Joshua Ritchie in Maldives snap**  
Oops!

► **Kim Kardashian thanks fitness trainer as she flashes toned legs and abs in throwback bikini photo**  
Social media maven

► **Strictly Come Dancing: Shirley Ballas 'set for HUGE £70,000 pay rise to match former judge Len Goodman' in light of BBC's gender pay row**

► **Coleen Rooney and Helen Skelton lead the glamorous arrivals as they attend historic Grand National**  
Could be the first time a female jockey wins race

► **Game of Thrones star Emilia Clarke sets up brain injuries charity with £30,000 of her own money as 'Mother of Dragons' shows her caring side**

**Brooklyn Beckham shows off dancing lady tattoo and preppy style as he parties at**

► **Coachella brunch**  
Footballer David and  
fashionista Victoria's son

► **Olivia Culpo dazzles in  
sheer lace frock as  
Victoria Justice puts on  
leggy display at  
Coachella bash**

► **Kanye West is writing  
philosophy book and  
calls Kim Kardashian  
the 'Marie Antoinette of  
our time'**  
The project is to be titled  
Break The Simulation

► **Mariah Carey is  
thankful for the  
'overwhelming support'  
since revealing her  
bipolar diagnoses**  
She's thankful

► **Kelly Brook parades  
her busty cleavage and  
peachy posterior in a  
skimpy white bikini  
during sun-soaked  
Morocco trip**  
Busty model

► **'I don't fuss about my  
kids eating the odd  
burger... Jools is much  
stricter!': Jamie Oliver  
insists he WON'T waver  
in his new fight against  
obesity**

► **Ant McPartlin fights  
back tears as BGT  
contestant tells story of  
wife's IVF struggles...  
after facing similar  
battles with estranged  
Lisa Armstrong**

► **Paris Hilton is 'thrilled'  
for Khloe Kardashian...  
as she says 'resilient'  
reality star is purely  
focused on her baby  
after cheating scandal**

► **Christine McGuinness  
flaunts her glamorous  
style as she cosies up  
to husband Paddy at the  
Grand National...  
following marital woes**  
Cute couple

► **Kim Kardashian  
shows off cleavage and  
legs in white mini dress  
at her 20th high school  
reunion**  
Cleavage and legs on full  
display

► **Holly Willoughby  
weighs in on Ant  
McPartlin arrest: TV star  
urges pal to 'look after  
himself'... as she admits  
it's 'hard' to discuss his  
issues**

**Harry Styles looks  
stylish in a tiny KILT for  
eccentric performance**

[▶ in Glasgow](#)

Getting into the spirit of things!

[▶ Alex Pettyfer showcases his toned abs and chiselled chest as he frolics on the beach in Miami](#)

Hunky movie star

[▶ Michelle Pfeiffer puts her dreamy \\$29.5million San Francisco mansion complete with pool, spa and orchard on the market](#)

Snap it up

[▶ Kendall Jenner shows she is a woman of many talents as she DJs at celeb-packed Coachella after-party](#)

Got behind the decks

[▶ Mel B divorce: Stephen Belafonte 'to SUE singer over "explosive" tell-all book about their marriage'](#)

Suspects she will 'make up lies'

[▶ Paris Hilton has 'so many friends' she can't decide who to invite to her wedding](#)

Decisions, decisions

[▶ Emma Willis to swap glamorous host role for gruelling 13 hour shifts in maternity ward for new documentary](#)

New career?

[▶ Nicki Minaj nearly kisses Kylie Jenner during Coachella after party with sister](#)

Kourtney Kardashian

Girls just wanna have fun

[▶ Emily Ratajkowski sparks PREGNANCY rumours: Model sends fans wild with 'cryptic' Instagram photo](#)

Is she expecting?

[▶ Sarah Ferguson, 58, looks elegant in a teal coloured dress as she leads Royal turnout for gala dinner in Rome](#)

Commanded attention

[▶ Farrah Abraham shows off torso in bikini during Coachella... after getting butt plumping injections](#)

Soaked up the sun

[▶ Stephanie Davis sets pulses racing as she flaunts her peachy](#)

► [derriere in VERY skimpy pink thong bikini](#)  
Snippet of her life

► [Lauren Goodger wants a facelift like her idol Katie Price: TOWIE star will go under the knife to look 'her best for as long as she can'](#)  
Following her footsteps

► [Tyga sparks dating rumors by sharing snap of Iggy Azalea's shoes... after being pictured together](#)  
Romance in the air?

► [Paris Jackson tries to go incognito as she exits Coachella behind Guns N' Roses exec Andrei Guillott](#)

► [Jamie Lynn Spears says it was 'pure joy' watching daughter Maddie meet her newborn sister Ivey](#)  
Feels 'complete'

► [Ariel Winter puts on a cheeky display in Daisy Dukes and lace bralette at Coachella](#)  
Skimpy ensemble

► [Britain's Got Talent judge Alesha Dixon puts on a chic display in a striped silk blouse and ripped jeans as she leaves BBC studios](#)

► [TOWIE SPOILER: Gemma Collins is left in TEARS as her romance with James 'Arg' Argent reaches fever pitch when he casts doubt over her baby plans](#)

► [The Weeknd cries on stage while singing about Selena Gomez during emotional Coachella performance](#)  
Tears running down his face

► [Danniella Westbrook displays her kooky style sense in tailored suit and top hat at the Grand National](#)  
Androgynous chic

► [Nicki Minaj nearly spills out of her revealing leopard-print bodysuit at TAO x Puma Coachella party](#)  
Kept cool in the desert

[Beyonce announces there will be an hour](#)

► [intermission before her 'special' Coachella performance](#)  
Highly-anticipated performance

► [Chrissy Teigen gets some help from baby Luna, two, as they make Sesame Street cake for her birthday](#)  
Showed off the three-tier confection

► [Kim Kardashian attends her 20th high school reunion wearing plunging white shirt dress as she catches up with old school friends](#)  
Reminiscing

► [Geri Horner shows off her lean legs in pleated mini-skirt and clingy top for charity tennis game in Monte Carlo](#)  
Tapped into her sporty side

► [Gigi Hadid 'LIKES' ex Zayn Malik's Instagram snap about new single Let Me after he revealed song is about her](#)  
Friendly exes

► [Love Island's Georgia Harrison parades her golden bikini body in a skimpy black two-piece as she soaks up the sun in Marbella](#)  
Beach babe

► [Lady Victoria Hervey, 41, flaunts her washboard abs in tiny white shorts at Playboy Coachella pool party](#)  
Slim figure

► [Brooke Burke sexes things up in skimpy black leather as she forgets marriage split at Coachella](#)  
Newly single

► [Sienna Miller oozes old Hollywood glamour in a semi-sheer floral gown for Formula E gala dinner in Rome](#)  
In the spotlight

► [Fitness model and single mother sues Steve Harvey for \\$2million claiming he asked her to dress more provocatively for his show](#)

► [Cardi B takes to social media to deny hiring Beyonce's backup dancers for debut Coachella show](#)

► **Gwyneth Paltrow looks blissful in a patterned dress as she enjoys her bachelorette weekend in Mexico**  
Enjoying every second

► **Stranger Things star Gaten Matarazzo, 15, turns rocker as he performs at the famed Troubadour club in Los Angeles**

► **Did Shanina just reveal she's married? Victoria's Secret model Shaik hints she secretly wed DJ Ruckus after referring to him as her 'husband'**

► **Sienna Miller and Tess Daly set springtime trends in flowing floral ensembles as they attend Formula E-Prix event in Rome**  
Leggy ladies

► **Cheryl's music return: Eagle-eyed fans go wild as Nicola Roberts appears to LEAK snippet of pal's new music**  
Listen out

► **Amber Rose flaunts her sensational curves in a striking pink jumpsuit as she arrives at Coachella**  
Parading her eye-popping physique

► **Alessandra Ambrosio flaunts her envy-inducing figure in a tiny denim bralet and crochet shorts at Coachella**  
Model moment

► **Chrissy Teigen is one hot mama as she showcases her baby bump in a swimsuit on the beach in Malibu**  
Expecting second child with John Legend

► **Little Mix's Leigh-Anne Pinnock flaunts her derrière in high-waisted bottoms as she showcases her beach body ahead of Coachella**

► **Tamara Beckwith, 47, flaunts her age-defying figure in beaded semi-sheer dress at gala dinner in Rome**  
Still got it

► **Kylie Jenner gets into the festival spirit with a neon pink wig while Cindy Crawford rocks a vintage band tee as the stars turn out in force for Coachella**

**Delta Goodrem gushes over her 'kind and caring' co-star Kelly Rowland as The Voice returns for a new**



▶ [season](#)

▶ [Noah Cyrus sports tight black crop top and sheer trousers for electric debut Coachella performance](#)  
Debut Coachella performance

▶ [Katie Piper cuts a stylish figure in a floral kimono as she joins Binky Felstead at magazine event](#)  
Blooming lovely display from the ladies

▶ [Nina Agdal puts on racy display in plunging sheer jumpsuit as she attends star-studded amFAR gala in Sao Paulo](#)  
Leading the fashion pack

▶ [Whitney Port keeps her cool poolside in striped swimsuit as she hits up H&M's Coachella bash](#)  
Taking a break in the sunshine

▶ [Ewan McGregor's daughter Clara, 22, shares throwback snap of her parents as dad moves on with Mary Winstead](#)

▶ [TOWIE'S Gemma Collins and James 'Arg' Argent's date night grinds to a halt as they spend over an HOUR searching for his lost moped keys](#)

▶ [Padma Lakshmi says she was 'penalized' for having a vagina during impassioned speech at Variety gala](#)  
Honoured at Variety's Power Of Women luncheon

▶ [Cardi B hires the backup dancers that Beyonce fired as she gears up for her highly-anticipated debut Coachella performance](#)  
New team

▶ [Cuba Gooding Jr. looks cheerful after latest stage performance following mixed reviews for Chicago debut](#)

▶ [Kylie Minogue sizzles in a curve-hugging black bardot dress as she rocks the stage in Germany](#)  
She set the stage alight in Cologne

▶ ['We're like brother and sister': The Voice coach Joe Jonas reveals how close he and Delta](#)

▶ **Goodrem are after she dated his younger brother, Nick**

▶ **Justin Bieber takes selfies with internet sensation 'Yodel Boy' who wowed Coachella with performance**  
The 24-year-old hitmaker happily posed for selfies

▶ **Karrueche Tran and boyfriend Victor Cruz pack on the PDA in the pool during steamy Miami vacation**  
The couple couldn't keep their hands off each other

▶ **Former gangster Freddie Foreman celebrates biopic premiere with Dave Courtney at East End film festival**  
Back in action

▶ **Hilary Duff is all smiles as she teaches son Luca, six, the wheelbarrow as they bond at school event**  
Spent Friday evening with her little boy

▶ **Camila Cabello sports daring sheer blouse with nude bodysuit and sparkling coat as she performs on sizzling first solo tour**  
Looking good

▶ **Rhian Sugden sets pulses racing in a sparkling white bikini as she treats her followers to yet another sizzling selfie**  
Turning up the heat

▶ **Anne Hathaway and Rebel Wilson are joined by their body doubles on The Hustle set in London**  
They've been hard at work on the crime caper

▶ **Rebekah Vardy rides in a horse drawn carriage with lookalike daughter Megan, 12, in NYC as pair spend quality time together**  
Two's company

▶ **Olivia Buckland shows off her taut abs in sexy crop top with hot pants as she enjoys a sunny LA lunch ahead of Coachella**  
Stepping out in style

▶ **Shay Mitchell is top of the crops in monochrome as she parties at Coachella**  
Flashed her abs in a sexy black bra top

**Rita Ora flashes her pert derriere in chaps and a**

► **crop top as she puts on a sexy performance at Coachella festival**  
Raunchy

► **Inside Gwyneth Paltrow's \$7k a night luxury Mexico resort as she hosts her VIP bachelorette party following engagement to Brad Falchuk**

► **Jenna Dewan cuts a stylish figure in a crop top and skinny jeans on low-key outing after Channing Tatum split**  
She announced her divorce this month

► **Gwyneth Paltrow strips to bikini for 'hen weekend' with Cameron Diaz and Stella McCartney... as the girls sip rosé at \$7k a night luxury Mexico resort**

► **Natalie Dormer leaves London fashion party in a sparkling trouser suit with ex co-star David Oakes... as 'fiancé' Anthony Byrne sits out the event**

► **Scarlett Moffatt hits back at 'negative' bodyshamers who accused her of editing glamorous selfie and urged her to 'keep it real'**

► **Maxine Peake cuts a casual figure in a loose collared shirt as she leads the celebrity discussions at BFI film event**

► **Tom Hardy puffs on an e-cigarette as he transforms into Al Capone to film new biopic**  
He has to spend hours in make-up department

► **Katie Price's ex-nanny Nikki Brown 'CONFESSES to affair with Kieran Hayler as part of employment tribunal'**

► **Zayn Malik admits he planned to love ex-girlfriend Gigi Hadid for the 'rest of his life' in candid chat**  
He revealed to Ryan Seacrest on Friday

► **Jack Whitehall appears bleary-eyed as he leaves London club with a bevy of mystery beauties after a night out on the town**  
Loving life

► **EastEnders' Jessie Wallace cuts a casual figure in a bomber jacket and joggers on a low-key stroll**

Took time away from her leopard clad alter-ego

► **Simon Cowell on Ant McPartlin: Britain's Got Talent judge claims the troubled host has 'manned up' following drink drive arrest**

► **Kim and Rob Kardashian share photo of their 'blessings' Saint and Dream as their sweet children hug in adorable snap**  
So cute

► **Neymar puckers up to girlfriend Bruna Marquezine as he hobbles down the red carpet at amfAR gala in Sao Paulo**  
Pucker up

► **Kylie Jenner and Kourtney Kardashian look in good spirits as they arrive at Coachella music festival with Younes Bendjima**

► **Kourtney Kardashian flaunts her enviably taut stomach as she shares sizzling snap from Coachella... as she reveals she's 'relaxed' her diet**

► **If you've got it, flaunt it! Iggy Azalea displays serious underboob in barely-there leotard and purple wig at Coachella music festival**  
Sizzling

► **Sharon Stone, 60, shows off her ageless complexion and chic style sense as she beams while touching down at LAX airport**  
Low-key look

► **Selma Blair nails casual chic in a classic black T-shirt and boyfriend jeans as she grabs a coffee in LA**  
Selma, 45, showed off her flair for fashion

► **Liam Payne stocks up on fluffy toys for son Bear in Berlin airport as he prepares to return home to Cheryl**  
Proving his son was on his mind

► **Doutzen Kroes switches her casual blue jeans for a stylish black dress at Holt Rfrew Knot On My Planet gala**  
Model moment

**Britain's Got Talent: Simon Cowell defends decision to 'recycle' previous acts from international shows**

► Stars from abroad

► **Blonde bombshell Rachel McCord flaunts her assets in a bikini on the roof of a BMW after stripping down in the desert**  
Sizzling

► **Masterchef 2018: Fans praise 'well deserving' winner Kenny Tutt as he raises trophy in final**

► **Kanye West returns to Twitter for first time in almost a year... but deletes ALL of his old tweets**  
Surprised fans with shock comeback

► **Noel Fielding and Liana Bird 'name baby Dali after Bake Off star's favourite painter Salvador'**  
Decided on the name

► **Jamie Foxx makes surprise appearance with Kygo at Coachella... and brings daughter Corrine on stage**  
Surprise guests

► **Beyonce is rumored to reunite with Destiny's Child at Coachella to 'make up for missing last year'**  
The star pulled out after falling pregnant

► **Pregnant Cardi B admits 'I gotta wax this mustache' as she gets candid in new Snapchat post**  
After announcing her pregnancy on SNL

► **'Once I knew, I knew': Amy Schumer on wasting time with 'those other suckers' before meeting husband Chris Fischer**  
It feels right

► **Carrie Underwood practices for ACM Awards after facial injury following accident at home last fall**  
Broke her wrist

► **Wayne Rooney 'fears infamous Strictly Come Dancing curse could impact Coleen'... as she's 'eyed up by show bosses'**

**Kristen Stewart showcases pert derriere in short gym shorts as she grabs a juice with**

▶ **Stella Maxwell**  
She's been enjoying the warmer weather lately

▶ **Caitlyn Jenner dons tight jean shorts as she steps out in Malibu after visiting her father's grave in Arlington**  
Looking effortlessly chic for the outing

▶ **George Michael's sisters and his former hairdresser lover are embroiled poisonous legal row over the late Wham! star's £105 MILLION fortune**

▶ **Christina Milian looks every inch the boho beauty in a flamboyant animal-print dress for first day of Coachella weekend**  
Glamorous

▶ **Emma Thompson keeps low-profile in padded jacket and grey hoodie as she enjoys a casual outing in New York**  
Keeping a low-profile

▶ **Real Housewives Of Atlanta star Eva Marcille welcomes son with fiance Mike Sterling as she shares sweet Instagram snap**

▶ **The hunky chef Meghan nearly married: Told for the first time, the full inside story of Ms Markle's two- year affair with the man who gave her an entrée into high society**

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